

Foreword by Kang Endar¹

As my student who invariably listens to his master's advice on *life and living*, Kamal understands the balanced harmony between him and his surrounds. His distinctive approach to searching for meaning in Nature around us is special in that it seeks to *awaken* one's awareness of one's intricate link to Nature.

If you seek life's pearls and wisdom, and you wish to be able to better see and feel the spirit's oneness with Nature, then this book is an excellent choice.

May your read be both enjoyable, and beneficial.

—

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¹ *Kang* is a Sundanese — a dialect of West Java, Indonesia — term meaning 'brother'. *Kang* Endar is the author's main *Karaté* master. This foreword was provided in Bahasa Indonesia, *Kang* Endar's native tongue, it is thus translated — hopefully accurately!